



Cleveland Air Magic Assoc. Inc
PO Box 67, Cleveland QLD 4163

Cleveland Air Magic Sun Safe Policy

The purpose of this policy is to outline the requirements and responsibilities of Cleveland Air Magic (CAM) to actively promote the importance of sun safety. The policy aims to provide members and supporters of CAM with guidelines to improve the Skipping environment in terms of sun safety awareness and practices.

Queensland has the highest rate of skin cancer in the world. Two out of every three Queenslanders will develop some sort of skin cancer in their lifetime. Research suggests that at least two-thirds of all melanomas occurring in Australia could be prevented if children were protected from the sun during their first 15 years. Most skin damage and skin cancer are therefore preventable. With this in mind, Cleveland Air Magic realises the need to protect children's skin and educate them about SunSmart behaviour, thus reducing the risk of skin damage from exposure to the sun.

The policy aims to:

- Provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection.
- Provide environments that support SunSmart practices.
- Create an awareness that outdoor activities need to support SunSmart practices.
- Ensure that all children, coaches, committee members and volunteers associated with our club are protected from the harmful effects of the sun when skipping or participating in club events throughout the year.

Our commitment at Cleveland Air Magic will be to:

- Inform parents of the CAM SunSmart policy when they enrol their child, and the policy will be displayed on our clubs website along with all of the club's important policies.
- Educate our coaches on the club's SunSmart policy and help to design and regularly update the policy.
- Encourage all coaches, committee, and volunteers to act as positive role models for children in all aspects of SunSmart behaviour.
- Seek ongoing support from parents and the skipping community for the SunSmart policy and its implementation, through email newsletters and club meeting etc.
- Ensure that all skippers, coaches, committee and volunteers wear hats that protect the face, neck and ears, and SPF 15 or higher, broad-spectrum, water-resistant sunscreen, when involved in outdoor activities
- Ensure that adequate shade is provided at the training facility, competitions, performances, and other outdoor events.
- Encourage all skippers and families to purchase the CAM uniform hat to wear at official events.
- Provide SPF50+ sunscreen at any outdoor event.
- Ensure coaches (or supervising adult) will remind skippers to reapply sunscreen as needed and encourage skippers to protect in the shade where possible.